

## Sandwiches

*choice of french fries, cole slaw or potato salad*

Blackened Dolphin Sandwich ..... 13 <i>lettuce, tomato, mayonnaise</i>	Crab Melt Sandwich ..... 19 <i>seasoned lump crabmeat, melted cheese, browned and served on a toasted english muffin</i>
Lobster Roll ..... 19 <i>served classic new england style</i>	Thinly Sliced Prime Rib Sandwich ..... 16 <i>on ciabatta with aujus and creamy horseradish</i>
Prime Midwestern Beef Cheeseburger ..... 12	

## Soups and Chowders

New England Clam Chowder ..... 5 / 7
Bahamian Conch Chowder ..... 4 / 6
Lobster Bisque ..... 6 / 8
Black Bean ..... 4 / 6

## Salads

Dianne Salad ..... 12 <i>diced breast of chicken, slivered almonds, crisp noodles, shredded lettuce, toasted sesame seeds</i>
Cobb Salad ..... 12 <i>diced tomato and chicken, chopped crisp bacon, hard boiled egg, chives, crumbled blue cheese and avocado, tossed with greens</i>
Salad Nicoise ..... 12 <i>bibb lettuce, red onion, green beans, albacore tuna, kalamata olives, tomato, eggs, potato, anchovy, red pepper</i>
Anne's Grilled Sesame Chicken Salad ..... 12 <i>baby lettuce, green onions, sesame seeds, almonds, and fried wontons</i>
Crab Tostada ..... 16 <i>lump crabmeat mounded on a crisp tortilla with avocado, tomato, red onion, cilantro, and black beans</i>
Soup and Salad ..... 10 <i>any of today's soups with a field green salad</i>

*All deep-fried items are cooked in "trans fat-free oil".  
Consuming raw or undercooked animal products-Fish, seafood, chicken, beef, pork or eggs could increase risk of food borne illness.*

January 03, 2011

## Sea Watch Specialties

Angel Hair Pasta with Goat Cheese ..... 14 <i>white wine, red pepper flakes, fresh basil, tomatoes, roasted pine nuts</i>
Rigatoni Sorrentina ..... 12 <i>san marzano tomato sauce, mozzarella cheese, fresh basil, parmigiano-reggiano, parsley</i>
Three Egg Omelette ..... 12 <i>fresh spinach, goat cheese, with potato salad</i>

## Fresh Seafood

*fresh baked bread and your choice of french fries, cole slaw or potato salad*

Blackened Mahi Mahi ..... 17 <i>cajun spices, drawn butter, roasted onions, grilled peppers</i>
Roasted Salmon ..... 17 <i>kalamata olives, sun-dried tomato, garlic, red pepper flakes</i>
Sautéed Lemon Sole ..... 19 <i>lemon butter sauce with capers</i>
Seared Scallops ..... 19 <i>roasted red pepper, thyme, coriander, corn relish</i>

## Fried Seafood

*fresh baked bread and your choice of french fries, cole slaw or potato salad*

Combination ..... 19 <i>blue cod, scallops, and shrimp</i>
Crispy Fried Colossal Shrimp ..... 19
Fish-n-Chips ..... 14 <i>Maine deep water blue cod</i>

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