

Sandwiches

choice of french fries, cole slaw or potato salad

Blackened Dolphin Sandwich 15 <i>lettuce, tomato, mayonnaise</i>	Crab Melt Sandwich 19 <i>seasoned lump crabmeat, melted cheese, browned and served on a toasted english muffin</i>
Lobster Roll 19 <i>served classic new england style</i>	Thinly Sliced Prime Rib Sandwich 16 <i>on ciabatta with aujus and creamy horseradish</i>
Midwestern Beef Cheeseburger 12 <i>Caramelized onions, sliced pickles, tomato, shredded lettuce and special Sea Watch dressing</i>	
Shrimp Salad Sandwich <i>Canadian bay shrimp, celery, fresh dill, lemon, mayonnaise, Boston lettuce on multi grain bread</i> 16	

Soups and Chowders

New England Clam Chowder 5/7
Bahamian Conch Chowder 4/6
Lobster Bisque 6/8
Black Bean 4/6

Salads

Dianne Salad 12 <i>diced breast of chicken, slivered almonds, crisp noodles, shredded lettuce, toasted sesame seeds</i>
Cobb Salad 12 <i>diced tomato and chicken, chopped crisp bacon, hard boiled egg, chives, crumbled blue cheese and avocado, tossed with greens</i>
Salad Nicoise 12 <i>bibb lettuce, green beans, albacore tuna, kalamata olives, tomato, eggs, potato, anchovy, lemon mustard vinaigrette</i>
Crab Tostada 16 <i>lump crabmeat mounded on a crisp tortilla with avocado, tomato, red onion, cilantro, parmesan cheese and black beans</i>
Soup and Salad 10 <i>any of today's soups with a small dinner salad of seasonal greens</i>

Sea Watch Specialties

Angel Hair Pasta with Goat Cheese 14 <i>white wine, red pepper flakes, fresh basil, tomatoes, roasted pine nuts</i>
Rigatoni Sorrentina 12 <i>san marzano tomato sauce, mozzarella cheese, fresh basil, parmigiano-reggiano, parsley</i>

Fresh Seafood

fresh baked bread and your choice of french fries, cole slaw or potato salad

Blackened Mahi Mahi 18 <i>cajun spices, drawn butter, roasted onions, grilled peppers</i>
Roasted Salmon 17 <i>kalamata olives, sun-dried tomato, garlic</i>
Orange Roughy 17 <i>New Zealand whitefish sautéed with dill Chardonnay sauce</i>
Seared Scallops 19 <i>roasted red pepper, thyme, coriander, corn relish</i>

Fried Seafood

fresh baked bread and your choice of french fries, cole slaw or potato salad

Combination 19 <i>blue cod, scallops, and shrimp</i>
Crispy Fried Colossal Shrimp 19
Fish-n-Chips 14 <i>Maine deep water blue cod</i>

All deep-fried items are cooked in "trans fat-free oil". Consuming raw or undercooked animal products-Fish, seafood, chicken, beef, pork or eggs could increase risk of food borne illness. If you have chronic illness of the liver, stomach or blood or have immune disorders, you are at greater risk of serious illness from raw oysters, and should eat oysters fully cooked.